









Happy Harvest!

November 2022 Elementary



	Nov. 1 Hamburger on WG Bun	Nov. 2 Corn Dog	 Nov. 3 Cheesy Nachos	Nov. 4 Chicken Drumstick with French Fries
 Nov. 7 WG Cheese Pizza	Nov. 8 Fajita Chicken w/ Fiesta Rice	Nov. 9 Crispy Chicken Sandwich	Nov. 10 Spaghetti w/Meat Sauce	Nov. 11 No School
 Nov. 14 Bean & Cheese Burrito	Nov. 15 Hamburger on WG Bun	Nov. 16 Corn Dog	Nov. 17 NEW! Homemade Turkey & Gravy w/Mashed Potato	Nov. 18 Chicken Drumstick with French Fries
Nov. 21	Nov. 22	Nov. 23	Nov. 24	Nov. 25
Thanksgiving Break				
Nov. 28 Beef Pepperoni Pizza	Nov. 29 Fajita Chicken w/ Fiesta Rice	Nov. 30 Crispy Chicken Sandwich		
 Salad Bar Fresh Fruit & Vegetables	 Salad Bar Canned Fruit & Vegetables	 Salad Bar Fresh Fruit & Vegetables	 Salad Bar Canned Fruit & Vegetables	 Salad Bar Fresh Fruit & Vegetables

Lowfat (1%) plain or Nonfat Chocolate Milk available daily

Each meal provides fresh fruits & veggies on our DAILY garden bars!

Yogurt & Crackers available daily as second lunch choice!

Breakfast Menu

Breakfast includes daily entrée plus fruit & milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal	Warm Banana Chocolate Breakfast Bar	Warm Muffin	Warm Waffle or Pancake with jam	Yogurt & Crackers

MENU SUBJECT TO CHANGE

 Vegetarian Option