Desert Sands Unified School District

Nutrition Services 2024

BREAKFAST MENU

Middle and High School

Monday	Tuesday	Wednesday	Thursday	Friday
Select a breakfast entree, milk, juice & fruit for a complete breakfast meal.				
Mini-Cinnis Rolls (40)	Pan Dulce (34)	Super Donut (38)	Breakfast Square (36)	Yogurt Parfait & Granola(39)
Breakfast Bar (47)	Breakfast Pizza (27)	Warm Bagel with cream cheese (45)	Breakfast Sandwich (23)	Breakfast Bar (44)

A variety of healthy cereals served with mini muffins are available daily as a breakfast entrée option.



Milk: nonfat chocolate (23) 1% low-fat white (16) 100% Fruit Juice: Orange (13), Apple (14), Berry (16) Fresh locally grown fruits and vegetables are offered when available