

## **ELEMENTARY BREAKFAST MENU**

## **OCTOBER**

Monday	Tuesday	Wednesday	Thursday	Friday
OCTORER	1 Marshmallow Mateys Cereal Pan Dulce	2 Cocoa Puffs Chicken Sau. Pancake Sandwich	3 Cinnamon Toast Crunch Mini Bagels w/ Strawberry Cream Cheese	4 Cocoa Puffs Mini Pancake Bites
فالا	Banana	Fruit Cocktail	Whole Apple	Whole Plum
	Orange Juice	Orange Juice	Orange Juice	Apple Juice
7	8	9	10	11
Cocoa Puffs	Cinnamon Toast Crunch	Cocoa Puffs	Marshmallow Mateys Cereal	Cocoa Puffs
Pancake on a Stick **	Chocolate Donut	Buttermilk Twin Bar	Eggo Mini Maple Waffles	Pan Dulce
Applesauce	Banana	Fruit Cocktail	Whole Apple	Whole Kiwi, Sliced
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Apple Juice
14 Cocoa Puffs Cinnamon Bun	15 Marshmallow Mateys Cereal Strawberry Banana Yogurt w/ Emoji Grahams	16 Cocoa Puffs Pan Dulce	17 Cinnamon Toast Crunch Chicken Sau. Pancake Sandwich	18 Cocoa Puffs French Toast Sticks
Applesauce	Banana	Fruit Cocktail	Whole Apple	Whole Kiwi, Sliced
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Apple Juice
21	22	23	24	25 Cocoa Puffs Ultimate Breakfast Round (Manufactured on shared equipment w/ peanuts & tree nuts)
Cocoa Puffs	Cinnamon Toast Crunch	Cocoa Puffs	Marshmallow Mateys Cereal	
Banana Square	Pan Dulce	Mini Cinnis	Bean & Cheese Burrito	
Applesauce	Banana	Fruit Cocktail	Whole Apple	Whole Kiwi, Sliced
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Apple Juice
28 Cocoa Puffs Strawberry Banana Yogurt w/ Giant Goldfish Grahams Applesauce	29 Marshmallow Mateys Cereal Pan Dulce Banana	30 Cocoa Puffs Chicken Sau. Pancake Sandwich Fruit Cocktail	31 Cinnamon Toast Crunch Mini Bagels w/ Strawberry Cream Cheese Whole Apple	
Orange Juice	Orange Juice	Orange Juice	Orange Juice	

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS!

BREAKFAST
SERVED EVERY DAY
WITH YOUR CHOICE OF:
1% White or
Nonfat Chocolate Milk



## Choose at least 3 including:



- •½ Cup of Fruits or Vegetables
- •At Least 2 Other Food Items

Remember to take at least 1 fruit with every breakfast!



Chino Valley USD Nutrition Services Visit the Nutrition Services Webpage at www.chino.k12.ca.us

for information on menus, breakfast, nutrition facts, and more!