


Elementary Breakfast Menu

OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage Pancake Stick Plum	2 Bagel w/ Cream Cheese Orange Wedges	3 Banana Bread Apple Slices	4 Egg & Cheese Taco Grapes
7 Muffin Applesauce	8 Sausage & Cheese Waffle Sandwich Peach	9 Yogurt w/ Granola Banana	10 Concha Grapes	11  Ham & Swiss Croissant Fruit Cup *
14 French Toast Sticks Peach Cup	15 Egg & Cheese Omelet Pear	16 Trix Yogurt w/ Mini Muffin Banana	17 Cereal Bar Pineapple Bites	18 Sausage, Egg & Cheese Pocket Applesauce
21 Pancake Bites Fruit Cup	22 Sausage Pancake Stick Plum	23 Bagel w/ Cream Cheese Orange Wedges	24 Banana Bread Apple Slices	25 Egg & Cheese Taco Grapes
28 Muffin Applesauce	29 Sausage & Cheese Waffle Sandwich Peach	30 Yogurt w/ Granola Banana	31 Concha Grapes	

* = Contains Pork

Offered Daily

Cereal & String Cheese
100% Fruit Juice
Unflavored, 1% Milk or
Non-fat Chocolate Milk

All grains offered are
whole grain rich



Remember to take at
least 1 fruit with every
breakfast!

Breakfast and lunch are free of charge for all OUSD students!



Orange Unified School District and the USDA are Equal Opportunity Providers.
Menu subject to change without notice.



Elementary Lunch Menu

OCTOBER 2024

**October 14-18 is
National School
Lunch Week!**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Taco Nada OR Bean & Cheese Burrito Plum Broccoli Bites Celery Sticks	2 EZ Jammer Orange Wedges Edamame Cucumber Coins	 NEW ITEM 3 Penne Pasta with Tomato Meat Sauce Apple Slices Salad Cup	4 Twin Cheeseburgers Strawberry Mango Sidekick Jicama Sticks Baby Carrots
7 EZ Jammer Strawberry Cup Baby Carrots Fruitable Juice	8 Yogurt w/ Granola Peach Cucumber Coins Celery Sticks	9 Anytimers Banana Corn Broccoli Bites	 NEW ITEM 10 Cocoa Sandwich Grapes Jicama Sticks Edamame	11 EZ Jammer Fruit Cup Broccoli Bites Baby Carrots
14 Double Dogs Peach Cup Baby Carrots Tater Tots	15 Taco Stick OR Bean & Cheese Burrito Pear Refried Beans Celery Sticks	16 Yogurt w/ Granola Banana Fruitable Juice Cucumber Coins	 NEW ITEM 17 Teriyaki Chicken White Rice Pineapple Bites Carrots & Peas Edamame	18 Cheese Pizza Sliders Strawberry Kiwi Cool Tropics Slush Salad Cup Corn
21 Chicken Nuggets Fruit Cup Baby Carrots Potato Smiles	22 Taco Nada OR Bean & Cheese Burrito Plum Broccoli Bites Celery Sticks	23 EZ Jammer Orange Wedges Edamame Cucumber Coins	 24 Penne Pasta with Tomato Meat Sauce Apple Slices Salad Cup	25 Twin Cheeseburgers Blue Raspberry Sidekick Jicama Sticks Baby Carrots
28 Cheesy Squares Strawberry Cup Marinara Cup Green Beans	29 Taco Dip Tortilla Chips Peach Pinto Beans Salsa Cup	30 Anytimers Banana Baby Carrots Fruitable Juice	 NEW ITEM 31 Ciabatta Cheese Sandwich Grapes Baby Carrots Corn  Pumpkin Cookie	


Offered Daily

EZ Jammer Sandwich
100% Fruit Juice
Unflavored, 1% Milk or
Non-fat Chocolate Milk

All grains offered are
whole grain rich
(except white rice)



Remember to take at
least 1 fruit or vegetable
with every lunch!

 = house-made

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