



November 2022 School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pancake w/ Sausage On a Stick or Cereal & Mini Pastry Pear 100% Fruit Juice Milk	2 Oatmeal Bun or Cereal & Mini Pastry Tangerine 100% Fruit Juice Milk	3 Waffles or Cereal & Mini Pastry Apple 100% Fruit Juice Milk	4 Pancakes or Cereal & Mini Pastry Orange 100% Fruit Juice Milk
7 Croissant w/ Turkey, Egg & Chesse or Cereal & Mini Pastry Apple 100% Fruit Juice Milk	8 Honey Wheat Breakfast Bar or Cereal & Mini Pastry Apple Slices 100% Fruit Juice Milk	9 Chocolate Chip Muffin or Cereal & Mini Pastry Tangerine 100% Fruit Juice Milk	10 Staff Development Day No School	11  HAPPY VETERANS DAY HONORING ALL WHO SERVED
14 Banana Muffin or Cereal & Mini Pastry Apple 100% Fruit Juice Milk	15 Croissant w/ Turkey, Egg & Chesse or Cereal & Mini Pastry Pear 100% Fruit Juice Milk	16 Pancake w/ Sausage On a Stick or Cereal & Mini Pastry Apple Slices 100% Fruit Juice Milk	17 W.G. Concha Bread or Cereal & Mini Pastry Orange 100% Fruit Juice Milk	18 French Toast or Cereal & Mini Pastry Apple Slices 100% Fruit Juice Milk
 <p>Thanksgiving Break No Meal Service <i>November 21-25</i> Wishing Everyone a Safe and Happy Holiday!</p>				
28 Chocolate Chip Muffin or Cereal & Mini Pastry Apple 100% Fruit Juice Milk	29 Croissant w/ Turkey, Egg & Chesse or Cereal & Mini Pastry Pear 100% Fruit Juice Milk	30 Honey Wheat Breakfast Bar or Cereal & Mini Pastry Tangerine 100% Fruit Juice Milk	<p>SGUSD WE RESERVE THE RIGHT TO SUBSTITUTE ANY ITEMS ALL MEALS MEET THE WHOLE GRAIN REQUIREMNT THIS INS TITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	