

August

Monday	Tuesday	Wednesday	Thursday	Friday
21 Cereal & Mini Pastry or Strawberry Parfait Apple 100% Fruit Juice	22 Cereal & Mini Pastry or Mixed Berry Smoothie Pear 100% Fruit Juice	23 Cereal & Mini Pastry or Peach Parfait Tangerine 100% Fruit Juice	24 Cereal & Mini Pastry or W.G. Concha Bread Apple Slices 100% Fruit Juice	25 Cereal & Mini Pastry or Strawberry Smoothie Orange 100% Fruit Juice



Join us for a breakfast
Smoothie or Parfait!



28 Cereal & Mini Pastry or Blueberry Yogurt Parfait Apple 100% Fruit Juice	29 Mini Chocolate Donuts or Mixed Berry Smoothie Orange 100% Fruit Juice	30 Cereal & Mini Pastry or Strawberry Parfait Kiwi 100% Fruit Juice	31 Cereal & Mini Pastry or Turkey & Cheese Croissant Tangerine 100% Fruit Juice
--	--	---	---

Start your Day with a
Healthy Breakfast!

Schools Breakfast include choice of :

- ◆ 1% White Milk or Nonfat Chocolate Milk
- ◆ 100% Fruit Juice Selection

FREE Breakfast
For all SGUSD Students.

Join us Today!!

SGUSD WE RESERVE THE RIGHT TO SUBSTITUTE ANY ITEMS
ALL MEALS MEET THE WHOLE GRAIN REQUIREMNT
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER