

Start your Day with a

Healthy Breakfast!

Schools Breakfast include choice of :

- ◆ 1% White Milk or Nonfat Chocolate Milk
- ◆ 100% Fruit Juice Selection

May

K-5 Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Join us for Breakfast Smoothies Every Tuesday & Friday

1 Breakfast Bowl
or
Cereal & Mini Muffin
Apple Slices

2 Pancake Sandwich
or
Cereal & Mini Muffin
Pear

3 Strawberry Smoothie
or
Cereal & Mini Muffin
Kiwi

6 UBR Cookie
or
Cereal & Mini Muffin
Apple

7 Mixed Berry Smoothie
or
Cereal & Mini Muffin
Orange

8 Overnight Oats
w/ Berries
or
Cereal & Mini Muffin
Apple Slices

9 W.G. Concha Bread
or
Cereal & Mini Muffin
Pear

10 Strawberry Smoothie
or
Cereal & Mini Muffin
Apple

13 Pizza Bagel
or
Cereal & Mini Muffin
Apple

14 Super Donut
or
Mixed Berry Smoothie
Orange

15 Banana Chocolate
Coffee Cake
or
Cereal & Mini Muffin
Apple Slices

16 W.G. Concha Bread
or
Cereal & Mini Muffin
Pear

17 Strawberry Smoothie
or
Cereal & Mini Muffin
Tangerine

20 French Toast
or
Cereal & Mini Muffin
Apple

21 Mixed Berry Smoothie
or
Cereal & Mini Muffin
Orange

22 Hand Held
Breakfast Wrap
or
Cereal & Mini Muffin
Apple Slices

23 Mini Blueberry Dounts
or
Cereal & Mini Muffin
Pear

24 Strawberry Smoothie
or
Cereal & Mini Muffin
Kiwi



28 Mini Chocolate Donuts
or
Mixed Berry Smoothie
Orange

29 Banana Chocolate
Coffee Cake
or
Cereal & Mini Muffin
Apple Slices

30 W.G. Concha Bread
or
Cereal & Mini Muffin
Pear

31 Strawberry Smoothie
or
Cereal & Mini Muffin
Pineapple

*SGUSD we reserve the right to substitute any item.
All meals meet the whole grain requirement.
This institution is an equal opportunity provider.*