



Have a great summer!!

June

K-5 Lunch Menu 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 Pepperoni Pizza Wedge or PB&J Sandwich Sweet Corn Apple	4 Grilled Cheese or Southwest Salad Pinto Beans Orange	5 Burger Buddies or Asian Wrap Garden Salad Apple Slices	6 Chicken Katsu & Bread Roll or Turkey Sandwich Broccoli Pear		Cal 564 T.Fat 15.76 G Sodm 888.68 Mg



All lunches include a choice of:

- Choice of Hot or Cold Entree
- 1% White or Nonfat Chocolate Milk
- 100% Fruit Juice Selection
- Fresh Fruit & Vegetable

Meals are available at multiple sites starting June 10, 2024. Kids must be present to receive meal and must be consumed on site.

SGUSD we reserve the right to substitute any item. All meals meet the whole grain requirement. This institution is an equal opportunity provider.

Free Summer Meals

Kids & Teens Ages 1-18



Scan me to find meal sites near you.

TARGET NUMBERS for K- 5

Cal: 550-650
Sat. Fat: <10%
Sodium: < 935 mg
no trans fat in our menu items

