



Lyndon Town School Lunch

April 2025

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken & Cheese Quesadilla Garden Salsa Cabot Sour Cream Steamed Corn Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety 	2 Meat Lovers Pizza Cheese Pizza Caesar Salad Fresh Fruit & Veggie Bar Milk Variety	3 Homemade Shepherd's Pie (Ground Beef, Corn & Mashed Potato) Homemade Plant Powered Shepherd's Pie Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	4 French Toast Sticks VT Maple Syrup Sweet & White Homefries Scrambled Eggs Fresh Fruit & Veggie Bar Milk Variety
7 Chicken Fried Rice Steamed Carrots Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	8 Taco Bar w/ The Works w/ Soft Shell Tortilla Chicken Taco Bar w/ The Works Steamed Corn Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	9 Cheese Pizza Buffalo Chicken Pizza Caesar Salad Fresh Fruit & Veggie Bar Milk Variety	10 Creamy Macaroni & Cheese Seasoned Green Beans Homemade Cornbread Fresh Fruit & Veggie Bar Milk Variety	11 Meatball Sub (Beef & Chicken Meatballs) Roasted Broccoli Fresh Fruit & Veggie Bar Milk Variety 
14 Layered Chicken Bowl (Popcorn Chicken, Mashed Potato, & Corn) Dinner Roll Fresh Fruit & Veggie Bar Milk Variety  Taste Test Event	15 Chicken & Cheese Fajita w/Fresh Green Peppers Garden Salsa Steamed Corn Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	16 Pepperoni Pizza Cheese Pizza Homemade Ham & Pineapple Pizza Caesar Salad Fresh Fruit & Veggie Bar Milk Variety Birthday Celebration	17 Spaghetti w/ Meat Sauce Steamed Green Beans Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety	18 Earth Day Beef Burger Earth Day Veggie Burger Save our Planet Hand Cut French Fries From the Earth Roasted Root Vegetables Fresh Fruit & Veggie Bar Milk Variety  Let's Celebrate Earth Day
21 	22 	23 	24 	25 
28 Dress Your Own Hot Dog Roasted Potato Wedges Fresh Fruit & Veggie Bar Milk Variety	29 Taco Bar w/ Hard or Soft Shell Steamed Corn Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	30 Homemade Cheesy Breadsticks Marinara Dipping Sauce Chicken Noodle Soup Fresh Fruit & Veggie Bar Milk Variety 		

Meals Are Free To All Students

Adult Breakfast \$3.00

Adult Lunch \$5.25

Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:

Ham, Turkey, or Sunbutter & Jelly Sandwich w/Cheese Stick

Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

Deli Options

Chef's Salad w/Dinner Roll

Fruit & Yogurt Parfait w/Granola

Milk Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line.
Click Image Below

LINK Connect
ONLINE PORTAL

Harvest of the Month:
Whole Grains



Click on the image above for more info on the Harvest of the Month!

Please advise us if special meal accommodations are required for allergens or other special dietary needs.

This institution is an equal opportunity provider.