

Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety

Lyndon Town School Breakfast The Abbey Group March 2025

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	Monday	Tuesday	Wednesday	Thursday	Friday	
	Winter BREAK!	Winter BREAK!	French Toast Sticks VT Maple Syrup Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety National School Breakfast Week	6 Homemade Fruit Filled Muffin Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety National School Breakfast Week	7 Ham & Cheese Croissant Breakfast Fruit Smoothie Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety National School Breakfast Week	
	10 Plain Bagel Cream Cheese PC Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	Egg, Sausage, & Cheese Wrap Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	12 Warm Chocolate Chip Muffin Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	13 Fluffy Pancakes VT Maple Syrup Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	14 Banana Bread Squares Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	
Service Service	17 Waffles W/Fruit Topping Real Maple Syrup Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	Sausage & Cheese English Muffin Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	19 French Toast Sticks VT Maple Syrup Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	Homemade Fruit Filled Muffin Breakfast Yogurt Parfait w/Granola Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	21 Ham & Cheese Croissant Breakfast Fruit Smoothie Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	
からないとのと	24 Plain Bagel Cream Cheese PC Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	Egg, Sausage, & Cheese Wrap Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	26 Warm Chocolate Chip Muffin Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	27 Fluffy Pancakes VT Maple Syrup Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	28 Banana Bread Squares Asst. WG Cereal Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	
	31 Waffles W/Fruit Topping Real Maple Syrup Breakfast Yogurt Parfait w/Granola Asst. WG Cereal					

Meals Are Free To All **Students**

Adult Breakfast \$3.00 Adult Lunch \$5.25 Milk \$0.50

Please Click Links Below for **Nutrition Information on Daily Options:**

Fresh, Dried, or Canned Fruit, 100% Fruit Juice, Skim White Milk, 1% White Milk, & Fat Free **Chocolate Milk Offered With All** Meals.

Milk Condiments

Fresh, Dried Or Canned Fruit

100% Fruit Juice

Pay for meals on-line. **Click Image Below**



Please advise us if special meal accommodations are required for allergens or other special dietary needs.

Click Image Below for employment opportunities



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