





# Lyndon Town School Breakfast

## April 2025

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Sausage &amp; Cheese English Muffin</b> <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	2 <b>French Toast Sticks</b> VT Maple Syrup <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	3 <b>Homemade Fruit Filled Muffin</b> <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	4 <b>Ham &amp; Cheese Croissant</b> <b>Breakfast Fruit Smoothie</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety
7 <b>Plain Bagel</b> Cream Cheese PC <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	8 <b>Egg, Sausage, &amp; Cheese Wrap</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	9 <b>Warm Chocolate Chip Muffin</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	10 <b>Fluffy Pancakes</b> VT Maple Syrup <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	11 <b>Banana Bread Squares</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety
14 <b>Waffles W/Fruit Topping</b> Real Maple Syrup <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	15 <b>Sausage &amp; Cheese English Muffin</b> <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	16 <b>French Toast Sticks</b> VT Maple Syrup <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	17 <b>Homemade Fruit Filled Muffin</b> <b>Breakfast Yogurt Parfait w/Granola</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	18 <b>Ham &amp; Cheese Croissant</b> <b>Breakfast Fruit Smoothie</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety
21  <b>No School</b>	22  <b>No School</b>	23  <b>No School</b>	24  <b>No School</b>	25  <b>No School</b>
28 <b>Plain Bagel</b> Cream Cheese PC <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	29 <b>Egg, Sausage, &amp; Cheese Wrap</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety	30 <b>Warm Chocolate Chip Muffin</b> <b>Asst. WG Cereal</b> Graham Crackers Assorted Fresh, Dried or Canned Fruit Milk Variety		

## Meals Are Free To All Students

Adult Breakfast \$3.00  
 Adult Lunch \$5.25  
 Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:

Fresh, Dried, or Canned Fruit,  
 100% Fruit Juice, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

Milk Condiments

Fresh, Dried Or Canned Fruit

100% Fruit Juice

Pay for meals on-line.  
 Click Image Below



Please advise us if special meal accommodations are required for allergens or other special dietary needs.

Click Image Below for employment opportunities



This institution is an equal opportunity provider.